



› What Is Ready, Set, Go (RSG)?

- Support offered to you to understand and plan for transition and long-term well-being with the emphasis on preparing for success throughout your teens and up to 23 years of age
- Driven by policy directive, CW 003-23 - Preparing Youth for Successful Transition from the Care of Children's Aid Societies (Province of Ontario, April 1, 2023, section 42 of the Child Youth Family Services Act (CYFSA)).
- The importance of YOUR input on the direction, access and level of support is one of the key drivers of the program
- Six core dimensions are built upon: **health, education, identity, family and social relationships, emotional and behavioural development and self-care skills**. Each of these are considered from your perspective **with appropriate guidance in the context of age, culture, maturity and experience** to support your long-term success

› You Are Eligible If:

- You're between 13–23 and have been in care for 12 consecutive months and may be in care for longer than 12 months
- You're 16 or 17 years old and in a Voluntary Youth Services Agreement (VYSA)
- You're in a customary care agreement supervised by a society, and are/could be connected with your FNIM community
- Youth between 18-23, you must meet additional criteria according to section 124 of CYFSA and associated regulations

› What Services Are Offered?

- Youth must be offered the RSG program at set intervals (see Activity table)
- Youth participation in RSG is always completely voluntary
- If you are under 18 you are entitled to have a lawyer through the Office of the Children's Lawyer (for free)
- All ADR RSG services are free of charge for participants

› Your CAS worker can connect you with an ADR-Link professional who does not work for CAS

- You will need to agree to using the service by signing a consent to make the referral (this gives CAS permission to share your name, contact information, and a few personal pieces of information with ADR-Link)
- Office of the Children's Lawyer OCL notification for those under 18 years is mandatory
- Send the referral paperwork to ADR-Link@lfcc.on.ca or fax to 519-679-4234

Like any teenager/young adult there are many things you need to think about to plan your future. Children's Aid, ADR-Link and the people you feel are important in your life can work together with you to help.

› There are 6 categories that people concentrate on when working to becoming a successful person:

Health

Staying healthy physically (do you have a doctor, dentist, have you had all the vaccinations you need to have and how do you get these – how do you keep your health records safe etc.)

- Is your diet nutritious? Do you have a safe, clean place to live?

Education

Are you doing the best you can in school? If not, do you need support to do better?

- How to access college/university?
- Do you know what type of work do you want to do and what education do you need to get there?
- What financial support is available to help with educational costs?
- What extracurricular activities do you want to do?

Get more info about Ready, Set, Go

The policy directive CW 003-23 and general program information are available on the Government of Ontario website. Questions regarding any ADR services should be directed to your CAS worker or ADR-Link@lfcc.on.ca.





Identity

Do you have proper identification? (Birth certificate, social insurance number, health card etc.)

- If you are an Indigenous person, do you have your Secure Certificate of Indian Status or other membership?

Family & Social Relationships

Do you have relationships with people who you trust? Do you feel supported by them? How do/can they support you?

Emotional & Behavioural Development

What support and services are in place? Do you feel well connected? Have you had any necessary assessments?

Self-care Skills

What are your hobbies? What do you think is a skill of yours? Do you know how to cook? How to approach personal care?

When?	CAS Worker	ADR-Link	You
At your 13th birthday	<ul style="list-style-type: none"> • Will review your Action and Assessment Record (AAR) • Will review your Plan of Care with you • May offer to connect you with ADR so you can meet with another service provider to help you understand and develop plans 	<ul style="list-style-type: none"> • May provide a professional person that is not working for CAS to help you to do some planning • You will decide who you want to include in this process • Can help you to reconnect with people that you feel may support your success 	<ul style="list-style-type: none"> • Will have input into what these 2 documents mean for your long-term planning and support • Can request ADR services at any time to help with any issues you feel you need to understand better and plan for
Before your 16th birthday	<ul style="list-style-type: none"> • Will meet with you to review your plans and go through a checklist of things you should be thinking about • Will offer to connect you with ADR so you can meet with another service provider to help you understand and develop these plans • Will be part of the plan development and approval process of these plans 	<ul style="list-style-type: none"> • Will try to arrange for the same person to work with you as you did before • Will arrange to review your plans/checklist and help you work your way through what's important to work on now and what can wait • Can help you to reconnect with people that you feel may support your success • Will offer you the opportunity to take prepare for long term planning 	<ul style="list-style-type: none"> • Will have input into what these plans mean for your long-term planning and support • Identify concerns and areas where you need support or skills development appropriate for a 16 year old • Decide what other people you want to be involved
Before your 18th birthday	<ul style="list-style-type: none"> • Will meet with you to review the same checklist and review progress • Will offer to connect you with ADR so you can meet with another service provider to help you understand and develop these plans • Will be part of the plan development and approval process of these plans 	<ul style="list-style-type: none"> • Will try to arrange for the same person to work with you as you did before • Will arrange to review your plans/checklist and help you work your way through what's important to work on now and what can wait • Can help you to reconnect with people that you feel may support your success • Discuss post-secondary education and the resulting increased monthly funding for 20-23 year olds • Ensure that you are connected with professional supports and provide connections to community supports 	<ul style="list-style-type: none"> • Will have final decision and input into what these plans mean for your long-term planning and support • Identify concerns and areas where you need support or skills development appropriate for an 18 year old • Decide what other people you want to be involved in your progress
Before your 23rd birthday	<ul style="list-style-type: none"> • Will meet with you to review the same checklist and review progress • Will offer to connect you with ADR so you can meet with another service provider to help you understand and develop these plans • Will be part of the plan development and approval process of these plans 	<ul style="list-style-type: none"> • Will try to arrange for the same person to work with you as you did before • Will arrange to review your plans/checklist and help you work your way through what's important to work on now and how to address other outstanding items that need your attention • Can help you to reconnect with people that you feel may support your success • Provide connections to community supports 	<ul style="list-style-type: none"> • Will have final decision and input into what these plans mean for your long-term planning and support • Identify concerns and areas where you need support or skills development as you get ready for independence • Decide what other people you want to be involved in your progress

ADR-Link connects parties in dispute with an independent Child Protection Mediation Practitioner, Family Group Conference Practitioner, Indigenous Approach or Ready, Set, Go Practitioner. None of the Practitioners are employees of London Family Court Clinic (LFCC) or affiliated with LFCC. All mediators are certified in child protection mediation by the Ontario Association for Family Mediation and listed on its roster. All family group conference coordinators have been trained and mentored through the George Hull Centre and are listed on its roster. By participating in ADR-Link services, you acknowledge that ADR services are not provided by LFCC and agree to hold harmless ADR-Link and LFCC for any and all claims, actions, suits etc brought against ADR-Link directly or indirectly.

ADR-Link is administered by London Family Court Clinic - info@lfcc.on.ca for contact